

LONG ISLAND WOMEN IN POWER, INC.

516.640.8618

SPONSOR an event!!
Call now & reserve
your date



Ask about our
Membership Drive
specials.

JOIN US FOR our South Shore Event
Advanced Booking Online is Recommended...

www.longislandwomeninpower.com

This event's non-profit of choice is



Please bring healthy canned or boxed foods to be distributed to local food banks
TIME IS RUNNING OUT! SIGN UP NOW! CALL 516 640 8618

DATE: Tuesday, Sep. 14, 2010

TIME: 6:00 – 8:30 PM

Sponsored by: Sandalwood & Sage Day Spa
5788 Merrick Rd. Massapequa 11758 (516) 799-7991



Topics: "Easy exercises for energy and to change your health" presented by Anne Antonucci
AND

"The mind-body connection. Learn EFT techniques, guided progressive muscle relaxation, and breath work to relieve stress" presented by Eileen Lichtenstein



Members \$10 (bring a guest and save \$5) Non-Members \$20
Includes education, refreshments, and a night of quality networking with a cause!